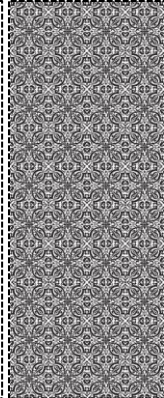
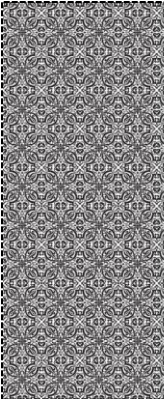


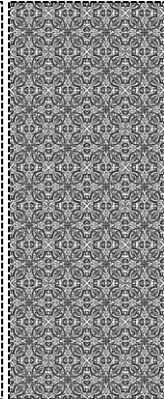
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-Gordon B. Hinckley



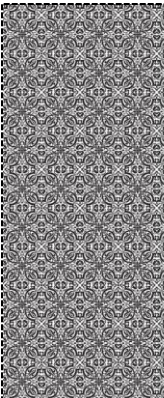
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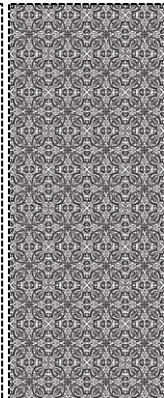
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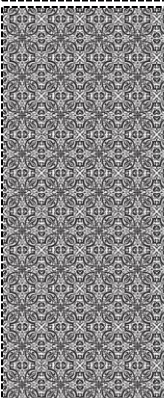
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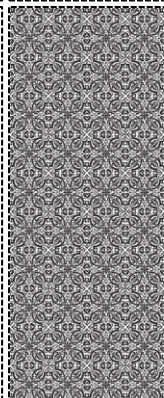
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THIS WEEK I  
WILL WORK  
ON:

THIS WEEK I  
WILL WORK  
ON:

THIS WEEK I  
WILL WORK  
ON:

Blank lined writing area for the first week.

Blank lined writing area for the second week.

Blank lined writing area for the third week.

**THINKING  
OF YOU**

Lined writing area for the first card.

**THINKING  
OF YOU**

Lined writing area for the second card.

**THINKING  
OF YOU**

Lined writing area for the third card.



THINGS I  
LOVE ABOUT  
YOU

Lined writing area for the first card.

THINGS I  
LOVE ABOUT  
YOU

Lined writing area for the second card.

THINGS I  
LOVE ABOUT  
YOU

Lined writing area for the third card.

**HOW DO THE THINGS I SAY AFFECT THOSE AROUND ME?**

**LET US OFT SPEAK KIND WORDS**

"Kindness is the essence of greatness and the fundamental characteristic of the noblest men and women I have known. Kindness is a passport that opens doors and fashions friends. It softens hearts and molds relationships that can last lifetimes." -Joseph B. Wirthlin

Behold, also the ships which though they be so great & are driven of fierce winds, yet are they turned about with a very small helm, withersoever the governor listeth.  
James 3:4

**INTEGRITY**

Conduct a self-assessment of your personal integrity. Ask yourself the following questions: Do I avoid gossip, inappropriate jokes, swearing and profanity, and being light-minded about sacred subjects? Am I completely truthful, morally clean, honest, dependable, and trustworthy in my schoolwork and other activities? Pray daily for strength and for the guidance of the Holy Ghost to help you live with integrity. Write in your journal the things you can do to improve your personal integrity and at least one new habit you want to develop.  
{Integrity value experience 2}

**THIS WEEK I WILL WORK ON:**

**"OUR WORDS, LIKE OUR DEEDS, SHOULD BE FILLED WITH FAITH & HOPE & CHARITY."  
-JEFFERY R. HOLLAND**

**JUDE 1:22**